



# DIABETES AWARENESS CLASS

Knowledge is the first step to better health. Learn the signs, understand your risk, and discover how healthy habits can help prevent complications. Join us in spreading awareness and making a difference.



Diabetes Educational Information



Healthy-Lifestyle Guidance



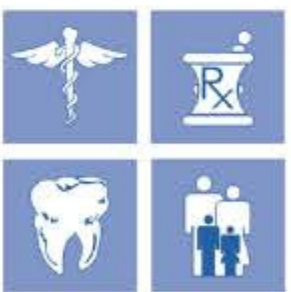
Accessible Resources



Prevention & Management



**NCDV**  
NUESTRA CLINICA DEL VALLE



Time & Date

**11/18/2026**

**@ 9:30am-10:30am**



Call Us

**(956)787-0064**



Location

**NCDV Women's Health Center  
806 W. 3<sup>rd</sup> Street, San Juan, TX**